Endless Opportunities for Every Child

Playtime at Port September Newsletter

E: admin@playtimeport.com.au **P:** (02) 6583 1147 **W:** www.playtimechildcare.com.au

September in Action

A quick snapshot of the month that was

Preschool Room:

















The Preschool Room community experiences

The preschoolers have had so much fun today on our very first excursion with the linky bus! The children were so excited to ride the bus and thought it was “sooooo cool” and were even more impressed that it sang the wiggles songs to us! We saw lots of different types of plants, trees and wildlife when we arrived, climbed a big tree and even managed to walk all the way to see the beach, ocean and watch the surfers. We all had such a good time on the excursion, that by the time we arrived back to the bus we were all very tired and even excited for rest time!!!

CREATIVITY

THE PRESCHOOL ROOM HAS BEEN FOCUSING ON THE IMPORTANCE OF TEAMWORK, FRIENDSHIP, AND WORKING TOGETHER THROUGH FUN AND ENGAGING EXPERIENCES. THE CHILDREN HAVE BEEN BUILDING THEIR SOCIAL SKILLS BY PLAYING COOPERATIVE GAMES, HELPING THEIR FRIENDS, AND LEARNING HOW TO COMMUNICATE, SHARWHAT A FUN-FILLED WEDNESDAY WE HAVE HAD IN THE PRESCHOOL ROOM!
OUR DAY HAS BEEN FILLED WITH STORIES, CREATIVITY AND PLENTY OF OPPORTUNITIES TO SHARE OUR IDEAS. WE LOVED WELCOMING OUR FRIEND PENNY FROM THE LIBRARY FOR HER MONTHLY VISIT, WHERE SHE READ US WE'RE GOING ON A BEAR HUNT. SOME OF THE CHILDREN EVEN SHOWED GREAT CONFIDENCE BY JOINING IN AND READING ALOUD ALONGSIDE PENNY.

THE CHILDREN HAVE ALSO BEEN BUSY CREATING WITH LEGO, MOBILO, THREADING BEADS, HOMEMADE MIRRORS AND SAND. SO MANY WONDERFUL IDEAS AND IMAGINATIONS HAVE BEEN FLOWING TODAY!

WHAT A WONDERFUL WEDNESDAY WE HAVE HADIE IDEAS, AND SUPPORT ONE ANOTHER. THROUGH EXCITING OBSTACLE COURSES AND TEAM CHALLENGES, THE CHILDREN HAVE BEEN PRACTISING PROBLEM-SOLVING, ENCOURAGING THEIR PEERS, AND CELEBRATING EACH OTHER'S ACHIEVEMENTS. THESE EXPERIENCES HAVE HELPED STRENGTHEN FRIENDSHIPS, BUILD CONFIDENCE, AND SHOW THE CHILDREN THAT WHEN WE WORK TOGETHER, WE CAN ACCOMPLISH GREAT THINGS!









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Junior Room:

















The Juniors Room

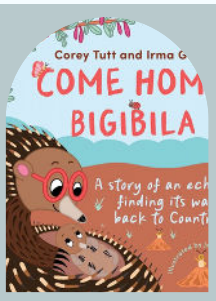
MAGIC MOVEMENT

OUR JUNIORS HAVE BEEN MAKING THE MOST OF THE BEAUTIFUL BACKYARD, ENJOYING PLENTY OF OPPORTUNITIES TO MOVE, EXPLORE AND PLAY TOGETHER! THE CHILDREN HAVE BEEN CHALLENGING THEMSELVES WITH FUN OBSTACLE COURSES, DEVELOPING THEIR BALANCE, COORDINATION AND CONFIDENCE AS THEY NAVIGATE EACH ACTIVITY. THEY'VE ALSO LOVED CHECKING IN ON OUR CHICKENS, HELPING TO CARE FOR THEM AND OBSERVING WHAT THEY GET UP TO THROUGHOUT THE DAY. 🐔 ALONGSIDE ALL THE ACTIVE ADVENTURES, THERE HAS BEEN PLENTY OF TIME FOR PLAYING WITH FRIENDS, SHARING EXPERIENCES AND ENJOYING THE FREEDOM OF OUTDOOR PLAY. IT'S BEEN WONDERFUL TO SEE OUR JUNIORS BUILDING CONFIDENCE, STRENGTHENING FRIENDSHIPS AND HAVING LOTS OF FUN WHILE LEARNING THROUGH MOVEMENT AND EXPLORATION! 💚

BOOKS & STORY EXPLORATION

TOGETHER WE JOINED AT MORNING TEA TIME TO MEET THE VERY NICE AUTHOR OF 'COME HOME, BIGIBILA' COREY TUTT, WHO READ AND EXPLORED HIS CHILDREN'S PICTURE BOOK WITH US! WE LOOK FORWARD TO CONTINUING TO EXPLORE THIS STORY.

COREY IS ALSO THE CEO & FOUNDER OF DEADLY SCIENCE,
"DEADLYSCIENCE IS AUSTRALIA'S LEADING INDIGENOUS STEM CHARITY, FOUNDED AND LED BY ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE. OUR MISSION IS SIMPLE BUT POWERFUL: TO IGNITE A PASSION FOR STEM (SCIENCE, TECHNOLOGY, ENGINEERING AND MATHEMATICS) AND CREATE A FUTURE WHERE ALL ABORIGINAL AND TORRES STRAIT ISLANDER LEARNERS HAVE THE OPPORTUNITY TO THRIVE."









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Upcoming Events & Programs Calendar

Here is a detailed look at our upcoming schedule. We invite you to join us for learning, fellowship, and service.

12 - 18 Oct	National nutrition week
15 Oct	National hand washing day
18 - 25 Oct	NSW Aboriginal Languages week 2026
22nd Oct	Grandparents day
31 Oct	Halloween dress up all week

Stay tuned for more upcoming experiences, incursions and special events across the service as we continue exploring new learning opportunities, community connections and seasonal projects together









gardening

🌱 Growing, Learning & Caring for Our Environment 🌿

Our Junior and Preschool children have been busy exploring the wonderful world of gardening and learning all about how we can care for our environment. From planting seeds and watching them grow to watering, nurturing and observing the changes in our garden, the children have loved getting their hands into the soil!

Through these hands-on experiences, the children are developing an understanding of where food comes from, the importance of caring for plants and animals, and how we can all do our part to look after our environment. It has been wonderful to see their curiosity, teamwork and excitement as they discover the joys of growing something of their very own! 🌻

Learning Through October

WHAT WE'LL BE EXPLORING,
DISCOVERING & LEARNING THIS MONTH

Juniors

🌿 OUR JUNIORS' OCTOBER LEARNING JOURNEY 🌿
THIS OCTOBER, OUR JUNIORS WILL BE BUSY LEARNING, EXPLORING AND GROWING THROUGH A VARIETY OF ENGAGING EXPERIENCES. WE'LL BE EMBRACING NATURE, MOVEMENT AND LEARNING, WHILE ENCOURAGING IMAGINATION, CREATIVITY AND CURIOSITY THROUGH PLAY AND HANDS-ON EXPERIENCES.
OUR FOCUS WILL ALSO INCLUDE WELLBEING, CONNECTION AND COLLABORATION, GIVING CHILDREN OPPORTUNITIES TO BUILD RELATIONSHIPS, WORK TOGETHER AND DEVELOP CONFIDENCE.
THROUGH PROJECT LEARNING, LANGUAGE, LITERACY AND COMMUNICATION, THE CHILDREN WILL BE SUPPORTED TO EXPRESS THEIR IDEAS, SHARE THEIR THINKING AND DISCOVER NEW WAYS TO COMMUNICATE.
MOST IMPORTANTLY, OUR DAYS WILL BE FILLED WITH PLAY, SPONTANEITY AND FUN, ALLOWING THE CHILDREN TO FOLLOW THEIR INTERESTS, EXPLORE THEIR ENVIRONMENT AND ENJOY LEARNING AT THEIR OWN PACE. 🌱💛





Preeschool

🌿 OUR PRESCHOOL LEARNING JOURNEY – OCTOBER 🌿
OCTOBER IS SET TO BE A MONTH FULL OF CURIOSITY, DISCOVERY AND ADVENTURE IN OUR PRESCHOOL ROOM! THE CHILDREN WILL HAVE OPPORTUNITIES TO EXPLORE THE NATURAL WORLD, DEVELOP THEIR PHYSICAL SKILLS AND USE THEIR IMAGINATIONS THROUGH CREATIVE AND HANDS-ON EXPERIENCES.
WE'LL BE FOCUSING ON BUILDING FRIENDSHIPS, CONFIDENCE AND A STRONG SENSE OF BELONGING, WHILE ENCOURAGING CHILDREN TO WORK TOGETHER, SHARE IDEAS AND LEARN FROM ONE ANOTHER.
THROUGH MEANINGFUL PROJECTS, CONVERSATIONS, STORIES AND EARLY LITERACY EXPERIENCES, THE CHILDREN WILL CONTINUE DEVELOPING THEIR LANGUAGE, COMMUNICATION AND THINKING SKILLS.
MOST IMPORTANTLY, OUR LEARNING WILL BE GUIDED BY THE CHILDREN'S INTERESTS, WITH PLENTY OF PLAY, LAUGHTER, CREATIVITY AND SPONTANEOUS MOMENTS ALONG THE WAY. WE CAN'T WAIT TO SEE WHERE THEIR CURIOSITY TAKES THEM THIS OCTOBER! 🌱✨





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PLASTIC FREE AUGUST

We are excited to share that Playtime has been selected to participate in a Port Macquarie Hastings Council pilot program promoting sustainable birthday celebrations.

Families will be able to borrow a reusable Party Kit containing plates, cups, servingware, and decorations, helping to reduce waste and save money on birthday parties.

We are currently working with Council to determine when the kit will be available at our service and look forward to sharing more information soon.



Healthy Lunchboxes

A healthy lunchbox helps children stay energised, focused and ready for a day full of learning, play and adventure. Packing a balanced lunch doesn't have to be complicated—simple, nutritious foods are often the best choice!

Great lunchbox ideas include:

🍎 Fresh fruit – apples, pears, bananas, grapes, berries, watermelon or mandarins.

🥕 Crunchy vegetables – carrot sticks, cucumber, cherry tomatoes or capsicum.

🥪 Wholegrain options – sandwiches, wraps, pasta salad, rice or wholegrain crackers.

🧀 Protein-rich foods – cheese, lean meats, tuna, chicken, hummus or chickpeas.

🥣 Healthy snacks – yoghurt, popcorn (age appropriate), rice cakes or savoury muffins.

💧 Water – Please send a labelled drink bottle filled with water each day.

A Friendly Reminder

To help keep all children safe, Playtime At Port is an egg and nut free service. Please check food labels carefully before packing your child's lunchbox and avoid foods that contain eggs or nuts. We also encourage families to limit foods high in added sugar, such as lollies, chocolate and sugary drinks, and instead choose nourishing foods that support children's growth, wellbeing and learning.

Thank you for helping us create a safe and healthy environment for all children!

Links to some healthy and yummy lunch box recipe ideas

Oat Bars -
https://www.womensweeklyfood.com.au/recipe/kid-friendly/oat-bars/

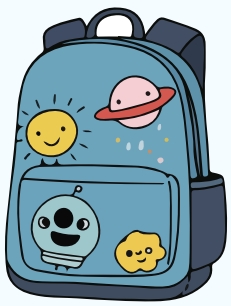
Cornflake cake cookies -
https://www.womensweeklyfood.com.au/recipe/baking/cake-mix-cookies/

Easy Cheesy savoury muffins -
https://www.womensweeklyfood.com.au/recipe/baking/cheese-and-tomato-savoury-muffins/

Things to remember to bring to school

make sure your child has a hat, lunch box, school bag with spare cloths and a drink bottle with water











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